



1. Penalty Kick  
Shoulders parallel with touch-line.  
Arm angled up, pointing towards non-offending team.



2. Free Kick  
Shoulders parallel with touch-line. Arm bent square at elbow, upper arm pointing towards non-offending team.



3. Try and Penalty Try  
Referee's back to dead ball line.  
Arm raised vertically.



4. Advantage  
Arm outstretched, waist high, towards non-offending team, for a period of approximately five seconds.



5. Scrum awarded  
Shoulders parallel with touch-line. Arm horizontal pointing towards team to throw in the ball.



6. Forming a scrum  
Elbows bent, hands above head fingers touching.



7. Throw-forward/forward pass  
Hands gesture as if passing an imaginary ball forward.



8. Knock-on  
Arm out-stretched with open hand above head, and moves backwards and forwards.



9. Not releasing ball immediately in the tackle  
Both hands are close to the chest, as if holding an imaginary ball.



10. Tackler not releasing tackled player  
Arms brought together as if grasping a player and then opening as if releasing a player.



11. Tackler or tackled player not rolling away  
A circular movement with the finger and arm moving away from the body.



12. Entering tackle from wrong direction  
Arm held horizontal then sweep of the arm in a semi-circle.



13. Intentionally falling over on a player  
Curved arm makes gesture to imitate action of falling player. Signal is made in direction in which offending player fell.



14. Diving to ground near tackle.  
Straight arm gesture, pointing downwards to imitate diving action.



15. Unplayable ball at ruck or tackle  
Award of scrum to team moving forward at time of stoppage. Shoulders parallel with the touch-line, arm horizontal pointing towards the team to throw in the ball, then pointing the arm and hand towards the other team's goal-line whilst moving it backwards and forwards.



16. Unplayable ball in maul  
Arm out to award scrummage to side not in possession at maul commencement. Other arm out as if signalling advantage and then swing it across body with hand ending on opposite shoulder.



17. Joining a ruck or a maul in front of the back foot and from the side  
The hand and arm are held horizontally moving sideways.



18. Intentionally collapsing ruck or maul  
Both arms at shoulder height as if bound around opponent. Upper body is lowered and twisted as if pulling down opponent who is on top.



19. Prop pulling down opponent  
Clenched fist, and arm bent. Gesture imitates pulling opponent down.



20. Prop pulling opponent on  
Clenched fist, and arm straight, at shoulder height. Gesture imitates pulling opponent on.



21. Wheeling scrum more than 90 degrees  
Rotating index finger, above the head.



22. Foot-up by front-row player.  
Foot raised, foot touched.



23. Throw-in at scrum not straight  
Hands at knee level Imitating action of throw-in not straight.



24. Failure to bind fully  
One arm out-stretched as if binding. Other hand moves up and down arm to indicate the extent of a full bind.



25. Handling ball in ruck or scrum  
Hand at ground level, making sweeping action, as if handling the ball.



26. Throw-in at line-out not straight  
Shoulders parallel with touch-line. Hand above head indicates the path of the ball, not straight.



27. Closing gaps in line-out  
Both hands at eye level, pointing up, palms inward. Hands meet in squeezing action.



28. Barging in line-out  
Arm horizontal, elbow pointing out. Arm and shoulder move outwards as if barging opponent.



29. Leaning on player in line-out  
Arm horizontal, bent at elbow, palm down. Downward gesture.



30. Pushing opponent in line-out  
Both hands at shoulder level, with palms outward, making pushing gesture.



31. Early lifting and lifting in line-out  
Both fists clenched in front, at waist level, making lifting gesture.



32. Off-side at line-out  
Hand and arm move horizontally across chest, towards offence.



33. Obstruction in general play  
Arms crossed in front of chest at right angles to each other, like open scissors.



34. Off-side at scrum, ruck or maul  
Shoulders parallel with touch-line. Arm hanging straight down, swings in arc along off-side line.



35. Off-side choice:  
penalty kick or scrum  
One arm as for penalty  
kick. Other arm points to  
place where scrum may  
be taken instead of kick.



36. Off-side under 10-metre  
Law or not 10 metres at  
penalty and free kicks  
Both hands held open  
above head.



37. High Tackle (foul play)  
Hand moves horizontally in front of  
neck.



38. Stamping (foul play: illegal  
use of boot)  
Stamping action or similar  
gesture to indicate the offence.



39. Punching (foul play)  
Clenched fist punches open  
palm.



40. Dissent (disputing  
referee's decision)  
Outstretched arm with hand  
opening and closing to imitate  
talking.



41. Award of drop-out on 22-metre line  
Arm points to centre of 22-metre line.



42. Ball held up in in-goal  
Space between hands indicates that ball was not grounded.



43. Physiotherapist needed  
One arm raised indicates physiotherapist is needed for injured player.



44. Doctor needed  
Both arms raised above head indicates a doctor is needed for injured player.



45. Bleeding wound  
Arms crossed above head indicates player has bleeding Injury and may be temporarily replaced.



46. Timekeeper to stop and start watch  
Arm held up in air and whistle blown when watch should be stopped or started